

# GOLF TIMES

*magazine*

Covering South Florida and the Keys

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## WHAT'S INSIDE:

- ENJOY THE BEACH
- BEST GOLF IN SOUTH FLORIDA
- MYRTLE BEACH GOLF DESTINATION
- LOCAL GOLF INSTRUCTION

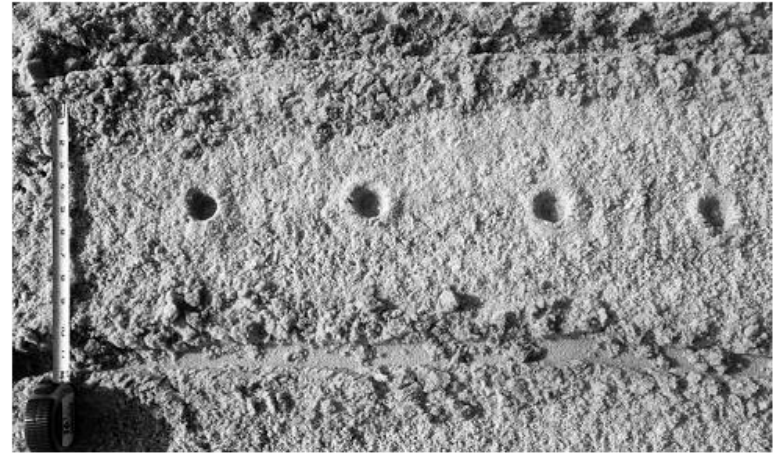
*and much more!!*

# Stop Cutting Corners - Enjoy the Beach

by Addison Craig

Addison Carl Craig, PGA Contributing pro

Addison learned to love the game of golf at the age of 5. He grew up in Palm Beach Gardens, Florida and played in junior tours and ultimately helped his high school get to the state championship in his senior year. He is a strong believer in goal setting and consistently sets stretch goals to maximize performance. While in high school, he was one of just over 300 students around the country that earned the prestigious United States Congress award for young Americans. Addison attended Florida State University where he earned a degree in Business with a Professional Golf Management (PGM) major. He has been fortunate to work at great courses in Scotland, New York, and Florida. Addison is currently the Lead Assistant at the Jim McLean Golf School at Trump National Doral. Addison prides himself in continuously learning as much as he can about the game of golf.



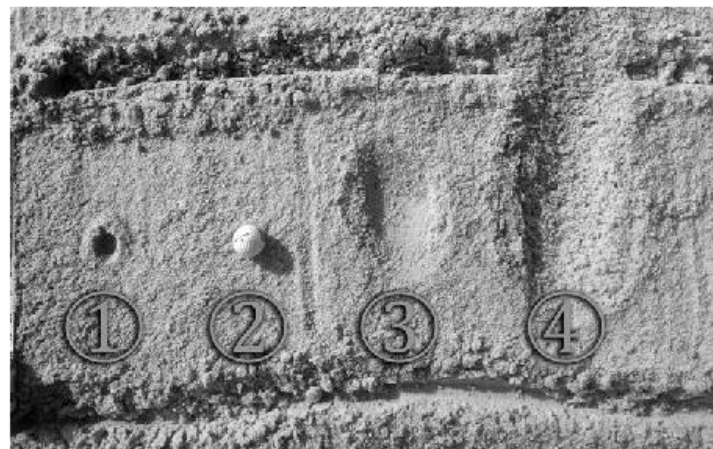
A good way to start working on path is by drawing two lines, about a foot apart from each other, and putting "dots" in the middle of them. An easy way to do this is by using a rake or golf club. This drill will eliminate the golf ball and have you focusing more on your path. Once you start feeling that their divots are becoming shallower, you can start working with golf balls.

When it comes to your typical 10-20 yard bunker shots, less than half of the PGA Tour cut at the golf ball with an outside-in path. I've been fortunate enough to do my research at the Jim McLean Golf School in Trump National Doral. When I was young I was taught, as well as most other amateurs growing up, to make sure to open up my stance and clubface and swing across the ball. This is actually not the best nor most efficient way to do it. Although you may teach to have a little bit of an open stance and clubface, you should have your student's swing along their foot line promoting more of an inside path.

By working on an inside path, you'll be able to have a more room for error in your shots. When swinging in a shallower path, you're able to hit the golf ball from one to five inches behind the ball. An outside-in path only gives you about an inch or two of error. This one simple change will make you able to hit more bunker shots onto the green and closer to the hole.



Remember, the sand is your friend! So stop cutting corners now! This will lead you into having more golf balls on the green, more sand saves and, most importantly, better scores. Enjoying the beach is going to ultimately make you a lot more relaxed and able to swing the club better.



This photo above is a representation on the bunker basics that Jim McLean learned from Claude Harmon and Ken Venturi in the 1970s. The descriptions of the 4 parts are listed as: (1) The Elimination of the Golf Ball; No Ball (2) The Golf Ball (3) The result of an Outside-In Path; Steep Shot (4) The result of an Inside Path, Shallow Shot with a stocked bar.